

Phenomenon Internacional Karate Open

16 de junho de 2024

Children
To
Seniors

IKK
Entroncamento
Portugal

NEWSALERT:
Open also to Trisomy Athletes
KATA and KUMITE!

All styles!

Organização:



ESCOLA DE KARATE DO ENTRONCAMENTO



FEDERAÇÃO NACIONAL
PORTUGAL

ENTRONCAMENTO



cidade ferroviária

Local:

Pavilhão Municipal
Desportivo do Entroncamento

GPS:

N 39 28.231' W 008 28.117'

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Entrocamento ist's a Portuguese city belonging to the district of Santarém , with around 20,000 inhabitants.

History

- Council created on November 24th, 1945, with part of the parishes of Atalaia , in the municipality of Vila Nova da Barquinha , and Santiago, in the municipality of Torres Novas.
- The Entroncamento owe your name to the fact that two railway lines meet there : Northern Line (which connects Lisbon to Porto), and the Eastern Line (which connects Entroncamento to Badajoz, in Spain). What was once a space wilderness developed in big measure, due to the passing of the train. In this way, Entroncamento he finished for becoming one parish autonomous, being detached from Torres Novas and Vila Nova da Barquinah on August 25th, 1926.
- Later (November 24th, 1945), due to to the continued progress there checked, your thirst he was elevated to the category of Town becoming, at the same time, at the same time municipal seat independent, having more afternoon been elevated to city status (on June 20, 1991).

The Railways

- In a pattern similar to that of locations associated with industries, the development of Entroncamento is closely associated with the Railways. It is estimated that, during some periods of its history, mainly in the 1940s, the population associated with CP exceeded 50%.
- The city's coat of arms, representing the profile of a pair of rails and a railway sign, reflect this connection.



Welcome to
Entroncamento



Municipal Pavilion

Opened in November 2004, it offers excellent conditions for all sports that can take place indoors, as well as for national and international competitions.

This equipment has three stands with capacity for 2000 spectators.

Composed by:

- 1 sideship
- Gymnasium
- 2 press rooms
- Conference room with bar
- VIP room with bar
- Secretary office, management office and meeting room
- Clinic
- 6 changing rooms for collective modalities
- 2 Changing Rooms for individual modalities
- 3 referee locker rooms
- 2 Storage Rooms

The useful sports area consists of a floating floor measuring 48x28 m + 14x28 mts .

The media has two rooms and eight press booths, with excellent visibility over the entire venue.

It is equipped with a variety of sports equipment, an innovative side lighting system, and large spaces for the installation of television transmission equipment. In addition to this equipment, it also has two protective curtains for the tops, manual and electronic sports markers , medical station equipment and sports floor protection , allowing the carrying out of other extra-sport activities such as congresses, fairs and exhibitions.

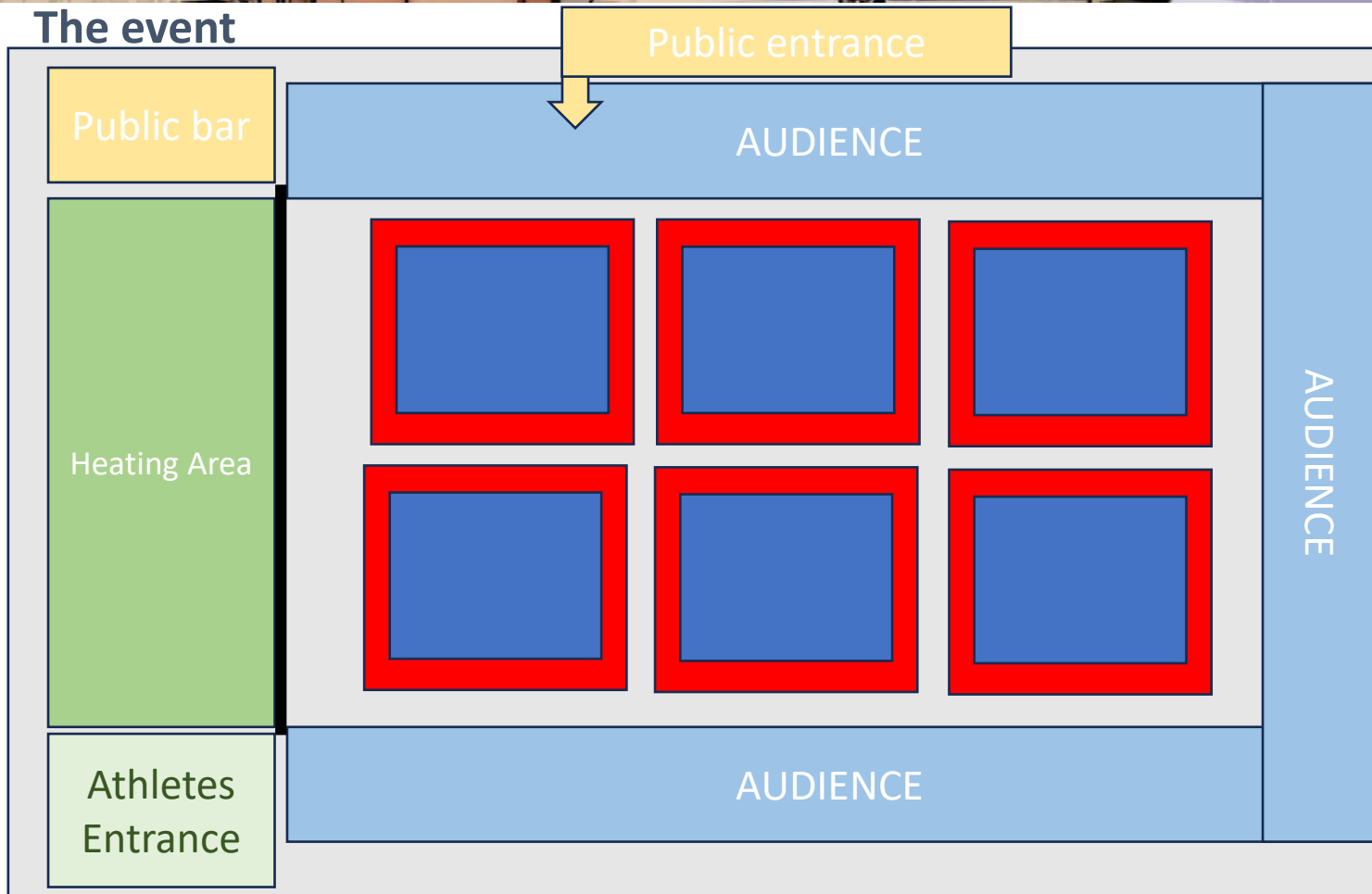


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The event



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Tournament Rules

“ PhIKO ” is an event open to all Karate athletes from all over the world;

The arbitration rules will be those in force at FNK-P (Portuguese Nacional Karate Federation)/WKF, however the organization safeguards the possibility of making changes it deems necessary, if any they will be mentioned at the meeting of **Referees and Coaches** ;

All coaches must collect their credentials between 08:00 and 12:00 on June 16, 2024;

The event start at 9:00 am;

In the Kumite event , weight categories with less than 4 athletes move to the next weight;

Complaints for alleged technical valuation errors will not be accepted;

The organization is not responsible for any accidents and their consequences that may occur in this competition. Therefore, athletes must be covered by sports insurance;

The organization will provide medical support compatible with the event;

Only accredited coaches and photographers will have access to the spaces reserved for the competition.

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Registrations

Registration is done through the Kimura platform;

Registration is limited to 32 participants per race;

The registration fee for athletes is 15 euros per individual event, 30 euros per Team and for Coaches it is 3 euros;

Only Coaches with credentials can be in the competition zone;

Photographers and press - They need to register via email at phiko.escolakarateentroncamento@gmail.com;

Registrations will only be validated when proof of payment for the bank transfer, duly identified, is sent by email;

After the draw there is no right to refund registrations.

Deadline for registrations

May 31, 2024

Payment data

Send proof of payment to the email phiko.escolakarateentroncamento@gmail.com , in the transfer description indicate the name of the club: IBAN PT50004554314029910034339



Categories

Competitors will be distributed across age groups and weight categories:

kata competitions , the groups <9 years old, 10/11 years old and 12/13 years old are FNKP rules, the other categories are WKF rules.

NEW, Family Team Kata (direct – Parents and children) ageless and mixed, maximum 8 teams, without Bunkai .

Kumite

For the Beginner level (10/11 years old) the time is 1 minute. Jodan attacks are allowed but cannot touch, not even with the feet. Mandatory protections for this level are gloves, foot pads and teeth protection;

The 12/13 years category the time is 1.30 minutes, the other tiers are the official WKF rules (FNKP). Senior 2 minutes.

Weighings will be carried out at the time indicated below. Official tolerance FNK-P. After the release of the draws, if the athlete is out of the weight for which he was registered, he will have to re-register in the correct category, if accepted by the organization and with a penalty of the value of a new registration.

- June 15th – Between 4pm and 7pm;
- June 16th – Between 8:30 am and 11:00 am; and 1:00 p.m. and 3:00 p.m.

CATEGORIA	KATA	KUMITE				
< 9 Feminino/Female	✓					
10/11 Feminino/Female	✓	-37Kg	-44Kg	+44Kg		
12/13 Feminino/Female	✓	-40Kg	-50Kg	+50Kg		
14/15 Feminino/Female	✓	-47Kg	-54Kg	-61Kg	+61Kg	
16/17 Feminino/Female	✓	-48Kg	-53Kg	-59Kg	-66Kg	+66Kg
+18 Feminino/Female	✓	-50Kg	-55Kg	-61Kg	-68Kg	+68Kg
< 9 Masculino/Male	✓					
10/11 Masculino/Male	✓	-37Kg	-44Kg	+44Kg		
12/13 Masculino/Male	✓	-45Kg	-55Kg	+55Kg		
14/15 Masculino/Male	✓	-52Kg	-57Kg	-63Kg	-70Kg	+70Kg
16/17 Masculino/Male	✓	-55Kg	-61Kg	-68Kg	-76Kg	+76Kg
+18 Masculino/Male	✓	-60Kg	-67Kg	-75Kg	-84Kg	+84Kg
Kata Equipa Família	✓					

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Awards

The awarding of prizes will take place after the end of the respective categories.

The complete Program will be available on the website www.kimura.pt and sent to all clubs by email.

Attention: All athletes must be in the warm-up room 60 minutes before their race time. Athletes who do not appear in the warm-up area at the time of the call will be automatically excluded from the race.

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Entroncamento Portugal



Support

ENTRONCAMENTO



cidade ferroviária



lojamarcial.pt



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TŌKAIDO

PROGME
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SPORT

Official Sponsors



CENTRO DENTÁRIO
DO ENTRONCAMENTO



GRUPO
RE/MAX
RUMO



Banho e tosquia

TEL.: 927422410

Victória

Leonilde Guerreiro Esteves Fernandes
Centro Comercial Tónel - Loja 43
2330-145 Entroncamento
Tlm. 962 837 315

restaurant
The
Returned



Estação Sabores
Largo José Duarte Coelho, n.º 27
2330-400 Entroncamento
912 278 939



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Local accommodation



Hotel Gameiro

In front of the CP station

Official Sponsor

Another accommodation nearby:

Dom João Hotel – Entroncamento

Barquinha Nature House – Vila Nova da Barquinha

Barquinha River House – Vila Nova da Barquinha

Hotel dos Cavaleiros – Torres Novas

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Organization

Contacts:

Entroncamento Karate School

Event email : phiko.escolakarateentroncamento@gmail.com

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Hélder Violante - 914578533

Susana Pereira – 937596304



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